

Nepal

Lhotse (8516m)

Ascent on Mt. Lhotse (8516 m) with acclimatization on Lobuche (6119 m)

Group	Duration	Price
10-15 members	Days **47** / Nights **46**	**26 960 USD**


8000 CLUB
EVEREST 8848

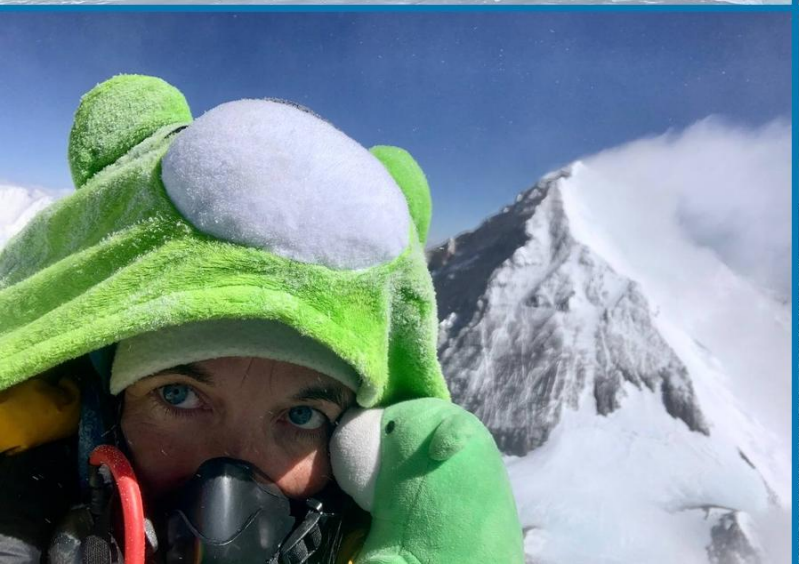

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Trip overview

Katmandu – Lukla – Namche-bazaar – BC – summit – BC – Namche-Bazaar – Lukla - Katmandu

Why go there?

Itinerary

Day 1

Arrive in Katmandu. Accommodation in the hotel.

Days 2

Fly to Lukla (45 minutes). Start the trek to Pakhding (2.5 hours, 2640m)

Day 3

Trek along Dudh Kosi river gorge to Namche-Bazaar (4-6 hours, 3400m).

Day 4

Day in Namche Bazaar.

Day 5

Trek to Tyangboche (4-5 hours, 3860m)

Day 6

Trek to Dingboche (5 hours, 4340m)

Day 7

Trek to Lobuche (4-5 hours, 4950m)

Days 8

Trek to Lobuche base camp (5400). Overnight in tents.

Day 9

Climb Lopuche peak.
Overnight in camp near 6000 m

Day 10

Reserve day

Day 11

Descent to Lobuche. Rest. Overnight in lodge

Day 12

Trek from Lobuche to Gorakshep and then to the Everest
Accommodation at the camp. (5100 m)

Day 13-44

Climbing Peroid [Base Camp – Lhotse Summit (8,516m) – Base Camp]

Day 45

Fly to Lukla by helicopter

Day 46

Fly from Lukla to Kathmandu & transfer to Hotel

Day 47

Leisure day in Kathmandu City

Day 48

Transfer to International Airport for final departure

Dates

2025:

April **12** - May **28** (Rostovtsev Artem)

Price includes

Experienced expedition leader (Everest Summiteer) from "7 Summits Club"
High-altitude sherpa (Everest Summiteer) - 1 for 1 member
Guides - Everest summiters - 1 for 5 members
Doctor in BC
Oxygen Set – mask + reducer – 1 item for one climber (only for use)
Oxygen cylinders "POISK" – 6 items for one climber (only for use)
Full Services camps in BC and ABC
Free e-mail in BC
TV and DVD in BC
flight Katmandu-Lukla-Katmandu
Permit for the ascent
Meetings-send-off in Katmandu
Bus, truck, helicopter for the loads
1 Yak per expedition member Lukla-BC and 1 Yak per member BC -Lukla (for personal gear)
Hotel in Katmandu "Yak & Yeti" 5***** BB for 1 nights before the ascent and 2 nights after
All lodges on the trek in Khumbu
Breakfasts in Katmandu
Food in BC, ABC and for the ascent
Tents for the participants and maintenance staff in the BC, and ABC
Tent-kitchen in the BC and ABC, tables and chairs
Fuel for preparing food in the BC, and ABC
Kitchen equipment and dishes in the BC and ABC
Electric generators in Base Camps
First-aid set
Nepalease liaison officer
Nepalese cooks and kitchen boys
Gas-cylinders
Tents for the high-altitude camps
Sleeping bags for the high-altitude camps
Ropes
Ice screws
Walkie-Talkie 1 per 1-2 expedition members
1 Team jacket

2 Team T-shirts

Price does not include

Nepalease visa
Extra nights in Katmandu
Flight to Katmandu
Personal gear for the ascent
lunches and dinners in Katmandu
Food during trek Lukla-Everest BC
Tips for the staff
Medical insurance


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Good advice

If you want to take part in our expedition you should send us by e-mail:
1. Your short mountaineering resume for last 10years
2. Your questions

If you are sure about your decision to take part in our expedition you should send us by e-mail:

Confirmation (free style)
Given and family name
Present address
Phone number
Date of birth
Present nationality
Passport #
Date of issue
Valid until
Size of windblock Team Jacket (M,L,XL)
Your digital photo

Payment procedure
Non-refundable deposit 5000 USD
The price goes up by 10% 90 days before the expedition start.
Full balance is due 90 days before the expedition start.
Cancellation 60 days before the expedition – 50% refund.
Less than 60 days – no refund

F.A.Q.

Tips guidelines (important information!)

You entrust your life, health, your time and money to the guides. And the guides take this responsibility for you and for the success of the whole trip. They are doing this 24 hours.

10-20 USD per day is expected as the normal amount of tips for the Guides and the staff of the program. If you liked everything about the trip, please don't forget to thank them. You can give the tips directly to the Main Guide and he will distribute it among the staff.

Necessary travel papers (documents)

Passport valid at least 6 months after the end of the expedition

2 photos for visa
climbing insurance
Climbing Permit- special climbing permit for the ascent in Nepal

By air and by land

Transportation up to BC
Meeting and seeing-off in KTM airport
Necessary transfers in Katmandu
Airfare Kathmandu — Lukla — Katmandu
Transportation of the loads above BC

Yaks carry loads from from Lukla to BC including members` personal gear. 1 Yak per 1 member
Yaks carry community and personal expedition equipment
High altitude Sherpas carry all shared expedition equipment above BC. They establish high camps and take all tents, sleeping bags, foam pads, dehydrated food, gas cylinders, gas stoves, kitchen utensils, snow shovels and ropes there.
Transportation of personal oxygen cylinders is carried out by our expedition Sherpas . They bring one 4-liters "Poisk" cylinder to 7300m and 5 cylinders to Camp 8000m per member.

Accommodation

Hotel i "Yak & Yeti" 5***** BB in Katmandu for 5 nights in double rooms (3 nights before and 2 nights after expedition)
All lodges on the trek in Khumbu
In BC and ABC - 1 tent for 1 member
High camps – 1 tent for 3 people

Meals

Breakfast in Katmandu (lunch and dinner are not included)
We did not include food on the trek to BC, because lodges have their own restaurants and it is easy to oder according to tastes on the spot
Food in BC and ABC – 3 times a day. The food is prepared by Nepalese cooks on gas stoves in special kitchen tents. You can also get here any amount of hot water for washing or boiled water for drinking. We eat in spacious dining tents equipped with tables and chairs.
Food for the ascent – We provide special dehydrated western mountain food, which you have to prepare yourself in high camps (above BC) on gas stoves. Water should be melted from snow.

Staff

Experienced expedition leader (Everest Summiter) from "7 Summits Club"
Doctor

Guides (Everest Summiters) - 1 for 5 members
Nepalese liaison officer
Cooks from Nepal
Kitchen boy from Nepal
High-altitude Sherpas – 1 for 1 member

All our high-altitude Sherpas have Everest experience.They bring all shared equipment and oxygen cylinders to high-altitude camps and accompany team members all the way form ABC to the summit

Health and medical insurance

We will have Doctor in BC.We provide a big expedition first aid kit with all the necessary medicine, but we also recommend that you bring your own specific medicine.

NOTE: EACH MEMBER MUST have "Climbing" medicine insurance for whole expedition period.

Weather

In Lhodze region the weather is very changeable.
Every day we get new weather forecast by Internet and choose the best period for acclimatization and ascent.

Personal gear

Equipment needed for BC and ABC:

- Duffle bag
- Sleeping bag -2 (one for BC, one for ABC, we supply bags for the other camps)
- Personal items for washing
- Your Notebook

Technical Equipment for the ascent:

- Crampons (e.g. Grivel G12)
- Backpack 45-50 liters
- Harness
- Self belay
- Carabiners with locks: 5 items
- Jumar (ascender)
- Ski/walking poles
- Thermosflask 1L
- Rappel device
- Ice Axe

- Head lamp with extra batteries
- Photo camera

Equipment for body and feet:

- Trekking shoes
- Boots rated for 8000m+ for example the "Everest" Millet type
- Down jacket + down trousers (or down suit/overall)
- Gore-tex jacket with wide hood
- Gore-tex trousers (better semi-overalls/bibs)
- Windblock jacket (we already supply one)
- Windblock trekking pants
- Fleece Jacket "Polartec - 100" - 2 items
- Warm underwear - 2-3 sets
- Personal underwear
- Polartec gloves – 2 pairs
- Thinsulate gloves
- Thinsulate mittens - 2 pairs
- Warm woolen socks - 4-5 pairs
- Balaclava
- Warm hat
- Windblock face mask
- UV glasses, UV-400
- Ski goggles, UV-400


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Contact the manager

Write to WhatsApp

Write to Telegram

or by phone

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