

Everest Climb (8848m) South Side, Nepal. (Full guides and high sherpa service)

Regions: **Nepal, Tibet**

Objects: **Everest from Nepal** (8848m), **Everest** (8848m)

Activities: **Mountaineering**

Program's difficulty: **8.5**, [difficult](#) (technical **3** + altitudinal **5.5**)

Group: **10-15 members**

Price: **74 900 USD**

Dates (Days **50** / Nights **49**)

2021:

April **12** - May **31** (Abramov Alex)

Trip overview

Katmandu – Lukla – Namche-Bazaar – BC – summit – BC – Namche-Bazaar – Lukla - Katmandu

Why go there?

In spring 2020 we have decided to offer you a full service Everest Expedition from the South Side of Everest

The price includes:

- High-altitude sherpa — 2 for 1 member
- Guides — multiple Everest summiters — 1 for 5 members
- Oxygen cylinders "POISK" — 8 items for one climber
- Stationary radios in all camps and walkie-talkies — 1 for 1 member
- fully equipped Base Camps 5100m and 6000m
- we provide sleeping bags and mattresses for common use in high camps
- 2 fully equipped High Camps 7600m and 8000m — including tents, sleeping bags, mattresses, gas-stoves, pans, gas-cylinders, dried food, oxygen bottles, delivered to High Camps by expedition Sherpas

All high-altitude Sherpas have Everest experience. They bring all shared equipment and oxygen cylinders in high-altitude camps and accompany team all the way from ABC to the Summit

Our expedition starts in Katmandu: we meet in "Yak & Yeti" 5* hotel. We have transfers from the airport to the hotel for those arriving with later flights. First few days we do the formalities and organize excursions around Katmandu city.

Two days later we start our journey to Everest: we fly from Katmandu to Lukla and then we have about a week for trekking to Everest BC. In 6 days we get to the Everest BC (5100m). By this time yaks and porters bring our stuff, Sherpas are establishing BC. After 2-3 days rest in BC our Sherpas carry equipment to IBC (6000m) and to ABC (6400m). One day later after ABC is ready, the expedition members start for ABC. ABC is a very comfortable will-built camp very similar to BC.

After our Sherpas have established Camp 7300m, we move there and spend one night for acclimatization. Then we descend to BC and have 3-4 days rest there. At the same time our Sherpas establish Camp 8000m on the South Col.

Next push: we reach Camp 7300m and try to climb higher (about 7800m). Usually it is difficult to achieve due to the bad weather or lack of acclimatization. In the later case we will descend to ABC, have a short rest there, and

try to reach 7800m again. After that we go down to BC and have a long rest there.

So after May 15-17 we will all move to ABC and start looking for a break in the weather. After a night at 8300m and a summit attempt you run out of strength for the second attempt and out of oxygen. So the most important thing here is to calculate everything properly: your strength, weather.

The advantage of our expedition is that it does not start too early and that it finishes before May 31. The end of May and beginning of June is usually the best time for the ascent in terms of weather.

At the end we return to Katmandu. We stay at "Yak & Yeti" 5* hotel and from here we will depart for the airport to take a flight home, each of us taking a piece of Everest in his heart.

Itinerary

Day 1

Arrival in Kathmandu. Accommodation at the hotel

Days 2

Day in Kathmandu. Excursion

Day 3

Departure from Kathmandu to Lukla in a small plane (about 45 minutes flight). Arrival, beginning of the expedition: going to the village Phakting (2,5 h) (2640m) or Monjo (4h) (2800m), depending on the level of training of the group

Day 4

Going to Namche Bazaar (4 hours) (3400m)

Day 5

Day at Namche Bazaar. Rest, short walks, checking equipment

Day 6

Going to Tengboche. After descending to the river, a long ascent to the Tengboche high-mountain monastery (4 hours) (3860m)

Day 7

Ascent to the village Dingboche (5 h) (4340m) or Perice

Days 8

Going to moraine of the Khumbu glacier. The final point of transition is the village Lobuche (4940m)

Day 9

Going to the Lobuche High Camp (5400m). Night in tents

Day 10

Climbing to Lobuche peak (6119m).

Day 11

Reserve day

Day 12

Descent to Lobuche. Rest. Night at the Lodge

Day 13

From Lobuche climb to Gorakshep and further to the Everest base camp. Accommodation in the Camp. (5100m)

Day 14-16

Rest in the Everest Best Camp. Preparation for the second acclimatization

Day 17

Going to the Camp 6100m. Night in the Camp. Possible to use a helicopter

Day 18

Going to the Camp 6400m. Night in the Camp.

Day 19

Descent to the Base Camp (5100m)

Day 20-21

Rest in the Base Camp. Preparation for the third acclimatization

Day 22

Going to the Camp 6400m. Night in the Camp. Possible to use a helicopter up to 6100m

Day 23

Going to the Camp 7300m. Night in the Camp

Day 24

Descent to the Base Camp 5100m

Day 25

Rest in the Base Camp

Day 26-28

Going to Tengboche and rest

Day 29

Return to the Base Camp 5100m

Day 30

Rest Day

Day 31

Preparation day before climbing

Day 32

Going to the Camp 6400m. Night in the Camp. Possible to use a helicopter to 6100m

Day 33

Going to the Camp 7300m. Night in the Camp

Day 34

Going to the Camp 8000m. South Col. Night in the Camp

Day 35

Ascent to Everest. Night in Camp 7300m

Day 36

Descent to the Base Camp

Day 37-47

Reserve days

Day 48

Flight to the Base Camp - Lukla by helicopter. Possible flight to Kathmandu

Day 49

Flight Lukla - Kathmandu. Departures depend on arrivals from Kathmandu. Evening and night in the city

Day 50

Departure from Kathmandu. The end of the trip

Price includes

The leader and guide of the expedition 7 Summits Club Alexander Abramov

Personal high-altitude porter (Sherpa) (ascendant to Everest) - 2 Sherpas for each climber.

Doctor at Base Camp

Oxygen mask + gear: two sets for each climber (for use only)

Oxygen cylinders (4 l.) "Poisk": 8 pcs for each climber (for use only)

Full service in BC and ABC

Flight members and all cargo Kathmandu-Lukla

Permit to climb

Meeting - seeing off at the airport

Transfers to Kathmandu

Yaks and porters for carrying personal items and public equipment

Hotel "Yak & Yeti" 5 * BB in Kathmandu, 2 nights at the beginning and 1 night at the end of the expedition, in double rooms

All the lodges in Khumbu

Breakfasts in Kathmandu

Food in BC, ABC and for climbing

Tents for members and staff in BC and ABC

Kitchen in BC and ABC, tables and chairs

Fuel for cooking in BC and ABC

Kitchen equipment and utensils in BC and ABC

Base Camp Generators

Health Care Kit

Nepalese Liaison Officer

Nepalese cooks

Kitchen Cook Assistants

High-altitude porters - Sherpas: 2 per 1 expedition member

Gas cylinders

Tents for high camps

Sleeping bags for high camps

Ropes

Ice hooks

Radio stations

Team Branded Jacket - windblock

Team T-shirt

Exclusive Medal

Price does not include

Nepalese visa

Medical insurance

Extra nights in Kathmandu

International flight to Kathmandu

Personal climbing equipment

Lunches and dinners in Kathmandu

Meal during trekking

Obligatory Summit Sherpas Bonus

Obligatory Summit bonus for your 2 high-altitude Sherpas from \$ 1,500 to \$ 2,000 * 2 = \$ 3,000 - \$ 4,000 (provided that you started moving up with them above the South Col Camp (7900m))

The obligatory Summit bonus is given at the end of the expedition at base camp to Sirdar Mingma Gelu Sherpa and he distributes this money between high-altitude porters and sherpas.

Tips for the kitchen and Base Camp staff is preferably \$ 250 per member, hand over to the base camp manager

Tips for Russian guides according to your desire, preferably \$ 500 per member, hand over to the Chief Expedition Guide

All tips are paid at your discretion, except for the Summit Bonus, which is mandatory for all Companies working on Everest.

Tips guidelines (important information!)

You entrust your life, health, your time and money to the guides. And the guides take this responsibility for you and for the success of the whole trip. They are doing this 24 hours.

Necessary travel papers (documents)

Passport valid at least 6 months after the end of the expedition

2 photos for visa

climbing insurance

Climbing Permit- special climbing permit for the ascent in Nepal

By air and by land

Transportation up to BC

Meeting and seeing-off in KTM airport
Necessary transfers in Katmandu
Airfare Kathmandu — Lukla — Katmandu
Transportation of the loads above BC

Yaks carry loads from from Lukla to BC including members` personal gear. 1 Yak per 1 member
Yaks carry community and personal expedition equipment
High altitude Sherpas carry all shared expedition equipment above BC. They establish high camps and take all tents, sleeping bags, foam pads, dehydrated food, gas cylinders, gas stoves, kitchen utensils, snow shovels and ropes there.
Transportation of personal oxygen cylinders is carried out by our expedition Sherpas.

Accommodation

Hotel i "Yak & Yeti" 5* BB in Katmandu for 5 nights in double rooms (3 nights before and 2 nights after expedition)
All lodges on the trek in Khumbu
In BC and ABC - 1 tent for 1 member
High camps – 1 tent for 3 people

Meals

Breakfast in Katmandu (lunch and dinner are not included)
We did not include food on the trek to BC, because lodges have their own restaurants and it is easy to order according to tastes on the spot
Food in BC and ABC – 3 times a day. The food is prepared by Nepalese cooks on gas stoves in special kitchen tents. You can also get here any amount of hot water for washing or boiled water for drinking. We eat in spacious dining tents equipped with tables and chairs.
Food for the ascent – We provide special dehydrated western mountain food, which you have to prepare yourself in high camps (above BC) on gas stoves. Water should be melted from snow.

Staff

Experienced expedition leader (Everest Summitter) from "7 Summits Club"
Doctor
Guides (Everest Summiters) - 1 for 5 members
Nepalese liaison officer
Cooks from Nepal
Kitchen boy from Nepal
High-altitude Sherpas – 2 for 1 member

All our high-altitude Sherpas have Everest experience. They bring all shared equipment and oxygen cylinders to high-altitude camps and accompany team members all the way from ABC to the summit

Health and medical insurance

We will have Doctor in BC. We provide a big expedition first aid kit with all the necessary medicine, but we also recommend that you bring your own specific medicine.

Weather

In Everest region the weather is very changeable.
Every day we get new weather forecast by Internet and choose the best period for acclimatization and ascent.

Personal gear

Equipment needed for BC and ABC:

- Duffle bag
- Sleeping bag -2 (one for BC, one for ABC, we supply bags for the other camps)

- Personal items for washing
- Your Notebook

Technical Equipment for the ascent:

- Crampons (e.g. Grivel G12)
- Backpack 45-50 liters
- Harness
- Self belay
- Carabiners with locks: 5 items
- Jumar (ascender)
- Ski/walking poles
- Thermosflask 1L
- Rappel device
- Ice Axe
- Head lamp with extra batteries
- Photo camera

Equipment for body and feet:

- Trekking shoes
- Boots rated for 8000m+ for example the "Everest" Millet type
- Down jacket + down trousers (or down suit/overall)
- Gore-tex jacket with wide hood
- Gore-tex trousers (better semi-overalls/bibs)
- Windblock jacket (we already supply one)
- Windblock trekking pants
- Fleece Jacket "Polartec - 100" - 2 items
- Warm underwear - 2-3 sets
- Personal underwear
- Polartec gloves – 2 pairs
- Thinsulate gloves
- Thinsulate mittens - 2 pairs
- Warm woolen socks - 4-5 pairs
- Balaclava
- Warm hat
- Windblock face mask
- UV glasses, UV-400
- Ski goggles, UV-400