

Kyrgyzstan

Lenin Peak (7134m)

Climb of Lenin Peak (7134m) with 7 Summits Club guide and best service.

Group	Duration	Price
-	Days **19** / Nights **18**	**4 900 USD**






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Trip overview

Osh - Base Camp (3600m) - Summit (7134m) - Base Camp - Osh

Why go there?

Lenin Peak is the best start for the "Snow Leopard" climbing program (all five seven-thousanders of the former USSR) and also the best initiation into high altitude climbing and into eight-thousanders' world accordingly. The "Snow Leopard" title used to be one of the highest sports titles in the former Soviet Union.

Lenin Peak, set in extremely beautiful, powerful scenery, is probably the easiest 7000m peak in the world. As to the technical difficulties of the classic route (from north), it is a straightforward climb, similar in grade to those on Mont Blanc and Elbrus. Yet, the mountain is really high (2300m higher than Mont Blanc and 1500m than Elbrus), so it is by no means a "snow plod". Normally there is a trail in snow between the camps and from the assault camp to the summit, yet, the long final ridge has a couple of exposed pitches. These are climbed roped up, moving together. The glacier between BC and Camp 2 is crevassed and there is some risk (not high) of avalanches.

Itinerary

Day 1

Arrival in Osh. Overnight in hotel.

Day 2

Transfer from Osh to Achik-Tash Base Camp. 8-9 hours' journey on a rough road, 280km. Accommodation in stationary tents in BC. Breakfast, lunch, dinner.

Day 3

Acclimatization terkking to the ridge of "Petrovskogo" peak. Descent to the base camp. Preparation day for climb to Camp 1.

Day 4

Climb to the Camp 1 (4400 m)

Day 5

Acclimatization ascent of "Domashniy" peak (4700m). Descent to the Camp 1. Preparation day for climb to the Camp 2.

Day 6

Climb to the Camp 2 (5300m)

Day 7

Acclimatization ascent of "Razdel'naya" peak (6100 m) Overnight in Camp 2

Day 8

Descent to the camp 1 (4400m)

Day 9

Rest day or reserve day

Day 10

Climb to the Camp 2 (5300 m)

Day 11

Climb to the Camp 3 (6200 m)

Day 12

Ascent of the Lenin peak summit (7134 m) and descent to the Camp 3.

Day 13

Descent to the camp 1 (4400m)

Day 14

Descent to the base camp (3600 m)

Day 15

Transfer to Osh. Overnight in hotel.

Day 16

Departure at home

Day 21

Reserve day

Day 22

Reserve day

Dates

2024:

June **25** - July **13** (Volodin Victor)
July **10** - July **28** (Slotin Nikita)
August **01** - August **19** (Berezin Andrey)

Price includes

- Experienced high altitude guide, Everest climber
- Installed high altitude tents on 5300 м and 6200 м (2 persons in tent!)
- Group equipment: rope (if needed), gas and gas stoves, cooking set.
- High altitude food
- Boundary zone permit, OVIR registration, visa support (if necessary);
- Meeting/seeing off at the airport;
- Transfer Osh- Base Camp – Osh
- Lunch en route to/from BC;
- Accommodation in hotel for 2 nights in total during the program
- Rent of walkie-talkie;
- Registration with rescue team;
- Ecological fee;

Services in the base camp "Achik Tash" on 3600 m:
Accommodation in double tents. Each tent is equipped with mattresses and wooden platforms and electricity.
Meals – full board
Guide-consultant's services
Dining-tent, WC, storage, baths and shower
Medical aid (professional doctor)
Electricity 220V, permanent source of electricity!

Services in the Camp 1 on 4400 m:
Accommodation in double tents with mattresses and wooden platforms.
Meals – full board
Dining-tent, WC tent, storage tent
Medical aid (professional doctor)
Electricity 220V, 50HZ in dining tent, only in the evening!

Price does not include

- aircraft tickets
- porters for personal stuff
- personal equipment
- medical insurance
- Kyrghiz visa


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Good advice

When going to 7000m do not rely on your youth (in case you are young), or on your well-preserved health (if you are not in your first youth)! For several months do more or less systematic training, simple jogging is perfect for that. Despite the fact that the route is not technical, two factors, the unpredictable Pamirs' weather and the altitude, can make the climb quite a challenge even for seasoned climbers. You should not regard it as just a "snow plod". The success depends on your fitness, well planned acclimatization period, right set of gear, good guides and, last but not least, a bit of luck.

F.A.Q.

Tips guidelines (important information!)

You entrust your life, health, your time and money to the guides. And the guides take this responsibility for you and for the success of the whole trip. They are doing this 24 hours.

10-20 USD per day is expected as the normal amount of tips for the Guides and the staff of the program. If you liked everything about the trip, please don't forget to thank them. You can give the tips directly to the Main Guide and he will distribute it among the staff.

Necessary travel papers (documents)

Passport
Kyrghiz visa

By air and by land

All transfers according to the program (in comfortable minivans, or, for rough roads, in 4WD vehicles («UAZ», «KAMAZ», «Ural»)

Accommodation

Hotels 4* B&B (2 nights in Osh)
In camps strong double good (for 2-3)

Meals

In Osh breakfast only
In stationary camp 3 times a day. The food is prepared by professional cook (vegetarian menu is available)

In high camps meals are cooked by guides

Staff

Guide from 7 Summits Club

Health and medical insurance

Our guide will have a first aid kit. We strongly recommend to bring with your own specific medicines you might need. Besides, we recommend to start taking some vitamin complex 3 weeks before the expedition. A very good idea would be to test and acclimatize yourself, say, on Elbrus (in June).

Weather

As in all high mountain weather is quite unpredictable, but July and August are the most favorable months for the ascent.

Extra expenses

Meals in towns
Tips for local staff

Personal gear

Sleeping bag good for -15°C
Foam pad
Crampons (we recommend Grivel G12)
Rucksack 80-90 liters
Rucksack 40-60 liters
Harness
Self belay device
Screwgate karabiners - 3
Jumar ascender
Collapsible ski poles
Thermos
Rappel device
Ice axe
Head torch
Eating utensil
Personal washing implements
Trekking shoes
Plastic boots ("Everest", Millet, preferably)
Down jacket + down trousers (or down overalls)
Gore Tex jacket with a large hood
Gore Tex trousers (semi-overalls preferably)
Windblock jacket

Windblock trousers
Jacket "Polartec - 100" - 2 items
Warm underwear - 2 sets
Personal underwear
Polartec gloves – 2 pairs
Thinsulate gloves
Thinsulate mittens - 2 pairs
Warm woolen socks - 4-5 pairs
Balaclava
Warm hat
Windblock face mask
UV protection glasses (plastic, not glass!)
Ski goggles (preferably)
Gaiters
Pee bottle
Accumulators and accessories for your camera(s)


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Contact the manager

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